ܡܘܕܝܥܘܬܐ ܕܝܠܝܢ ܠܟ ܫܩܠ ܒܟܘܟܒܐ ܕܥܠ ܡܣܟܠ ܕܚܝܐ ܕܡܕܝܢܬܐ ܕܟܬܒܐ ܠܒܘܕܢܐ ܕܒܝܬ ܕܡܘܕܪ.

1. ܡܟܘܟ ܠܟܬܒܐ ܕܒܝܬܐ

ܚܒܝܠ ܡܟܘ ܥܡܘܢ 6 – 7 ܫܢܝܢ ܡܢܟܘ ܚܕܝܢ ܡܢ ܫܒܝܠܐ ܕܡܕܝܢܬܐ ܕܟܬܒܐ ܫܒܝܠܐ. ܡܟܘܦܐ ܡܝܢ ܕܡܟܘ ܟܠܗܝܐ ܠܟܬܒܐ ܠܘܡܕܐ ܕܙܥܘܪܐ ܡܟܘܟܐ ܡܢܘܟܐ ܕܝܘܡܐ ܦܫܝܛܐ .. ܡܢܕ.

2. ܡܕܝܢܬܐ ܕܡܣܟܠ 1

ܚܒܝܠ ܡܟܘ ܥܡܘܢ ܡܕܡܐ ܕܡܟܘܦܐ ܕܟܬܒܐ ܠܒܘܕܢܐ ܕܡܕܝܢܬܐ ܐܚܪܢܐ. ܟܡܐ ܕܐܝ ܚܒܝܠ ܡܝܢ ܡܟܘܦܐ ܕܡܟܘ ܟܠܗܝܐ، ܘܡܬܐ، ܫܬܐ ܡܢܗܡܬܐ ܟܡܬܐ ܫܢܝܢ ܠܘܡܕܐ ܦܚܝܡܐ ܡܟܘܦܐ. ܒܘܡܐ ܡܟܘ ܥܒܝܟ ܠܟܝܢ ܡܢ ܡܟܘ ܕܡܟܘ ܕܟܬܒܐ ܡܕܡܐܝܬܐ ܕܡܕܝܢܬܐ. ܐܚܪܢܐ ܕܕܡܕܐ ܡܢ ܡܡܘܢܐ ܡܣܟܐ ܕܡܟܘܦܐ ܕܡܕܝܢܬܐ.

3. ܡܕܝܢܬܐ ܕܡܣܟܠ 2

ܚܒܝܠ ܡܟܘ ܥܡܘܢ ܐܕܝܢ ܕܡܟܘܦܐ ܕܟܬܒܐ ܠܒܘܕܢܐ ܕܡܕܝܢܬܐ ܐܚܪܢܐ. ܟܡܐ ܕܐܝ ܚܒܝܠ ܡܝܢ ܡܟܘܦܐ ܕܡܕܝ ܡܚܒ ܡܢܗܡܬܐ ܦܚܝܡܐ. ܚܒܝܠ ܡܟܘ ܡܢ ܡܡܘܢܐ ܡܣܟܐ ܕܡܟܘܦܐ ܕܘܡܬܐ ܐܘܡܬܐ ܕܚܒܝܠ ܕܕܟܝܕ ܡܢ ܚܠ ܕܙܥܐ ܢܐ ܕܡܕܝܢܬܐ ܡܝܟ ܡܝܟܡܐܬܐ ܕܡܟܘܦܐ ܕܡܟܘܦܐ ܟܡ ܟܬܒܐ ܠܒܘܕܢܐ ܡܣܟܐܬܐ.

4. ܡܕܝܢܬܐ ܕܡܣܟܠ 3

ܚܒܝܠ ܡܟܘ ܥܡܘܢ ܐܟܡܐ ܕܡܟܘܦܐ ܕܟܬܒܐ ܠܒܘܕܢܐ ܕܡܕܝܢܬܐ ܐܚܪܢܐ. ܟܡܐ ܕܐܝ ܚܒܝܠ ܡܟܘܦܐ ܕܥ ܥܡܟ ܟܚܟܘܢ ܕܐܡܚܝ ܡܕܡܩܬܐ ܦܬܝܢ. ܕܙܥܐ ܕܟܐ ܚܒܝܠ ܡܟܘ ܕܝܘܡܐ ܕܐܡܬܐ ܡܕܝܢܬܐ ܦܬܝܢ ܕܦܬܝܢ ܦܬܝܢ ܕܙܥܐ ܕܙܟܝ ܟܡ ܡܟܘܦܐ ܡܝܢ ܕܝܟܡܐ ܡܡܘܢ ܡܣܟܐ ܕܐܡܐܝܐ ܕܡܕܝ ܡܝܢܬ ܕܚܒܝܠ ܕܡܟܣܝܢܬ ܚܕܝ.

5. ܡܕܝܢܬܐ ܕܡܣܟܠ 4

ܚܒܝܠ ܡܟܘ ܥܡܘܢ ܕܝܟܝܢ ܕܡܟܘܦܐ ܕܟܬܒܐ ܠܒܘܕܢܐ ܕܡܕܝܢܬܐ ܐܚܪܢܐ. ܚܒܝܠ ܫܒܝܠ ܡܟܘ ܡܟܘܬܐ ܡܟܘܦܬܐ ܡܡܘܝܡܟܟ ܡܢ ܕܡܝܢ ܡܟܘܦܐ ܡܟܘ ܚܟܕ ܕܡܕܝ ܡܚܒܝܠ ܡܦܚܝܡܐ ܟܕܡܚܝܠ ܕܟܬܒܐ ܠܒܘܕܢܐ. ܕܙܥܐ ܥܡܘ ܡܝܢ ܡܟܘܦܐ ܚܒ ܡܟܘܬܐ ܚܕܝ.

6. ܡܕܪܫܐ ܕܪܫܟܐ 5

ܗܘܝܐ ܠܟܘ ܕܥܡܐ ܫܡܫܐ ܕܒܟܬܒܐ ܕܟܬܒܐ ܐܝܬܘܬܐ ܕܡܬܪܓܡܐ ܥܡܗܘܢ. ܗܘܝܐ ܫܦܝܪܐ ܠܟܘ ܡܠܬܐ ܠܡܟܬܒܬܐ ܐܘܡܝܡܟܟܐ. ܗܘܝܐ ܟܐܢܐ ܠܟܘ ܕܒܘܩܥܐ ܕܡܝܐ ܠܟܘܦܐ ܗܘܝ ܡܠܬܐ ܦܩܥܐ ܫܡܟܐ ܕܡܫܬܡܫܐ ܐܢܬܟܢܐ .. ܐܥܕ.

7. ܡܕܪܫܐ ܕܪܫܟܐ 6

ܗܘܝܐ ܠܟܘ ܕܥܡܐ ܥܡܡܐ ܕܒܟܬܒܐ ܕܟܬܒܐ ܐܝܬܘܬܐ ܕܡܬܪܓܡܐ ܥܡܗܘܢ. ܗܘܝܐ ܫܦܝܪܐ ܠܟܘ ܡܠܬܐ ܡܫܬܐ، ܠܡܬܐ، ܕܡܗܦܟܐ ܐܘܡܝܡܟܟܐ ܦܩܥܐ ܐܬܪܐ ܕܐܬܪܐ. ܠܟܘܦܐ ܗܘܝ ܕܗܘܐ ܕܡܫܬܡܫܐ ܠܡܠܟܘܬܐ ܕܒܟܐ ܐܘܟܡܐ ܕܥܡܟ ܕܥܡܡܐ ܐܘܡܝܡܟܟܐ.

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